

Summer Safety KS2 Session 3 - Supporting Information



We have produced a series of video lesson plans to support delivery of the Summer Safety Sessions.

PLEASE NOTE - This video lesson plan should be used to support the delivery of a lesson facilitated by a member of staff.

How to use the video as part of a lesson / discussion



When playing the video you will see the following pause symbol at key points in the video.

You should pause the video at this point and complete the activity stated in the video.

For this lesson the questions to discuss are:

1st Pause - So , we want you to think about positive and negative influences you might receive from your friends and peers and why this might happen.

- Facilitate small group discussions to allow pupils the chance to discuss.

Key elements/prompts for facilitator to cover:

- What things might a friend ask you to do that may go against your beliefs or values?
- Would you do anything for a friend?
- Would a friend ask you to do something you really didn't want to do?
- How do friends influence you positively?
- What kind of positive/negative influence might you encounter from friends and peers over the summer?

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2nd Pause - Sometimes this is called Peer Pressure or Peer Influence, have you heard of this?

- Conduct as a group discussion

Key elements/prompts for facilitator to cover:

- The aim of the activity is to understand the views and opinions of young people in relation to the terms peer pressure / peer influence.
- Ensure pupils understand that it can be positive and negative.
- But sometimes people may try and influence us to behave a certain way or do certain things.
- Reiterate that real friends won't try and make us do things we don't want to do.

3rd Pause - We are going to pause the video now and work on our plans.

- Use the provided worksheet and encourage pupils to complete their own summer safety plan.

Key elements/prompts for facilitator to cover:

- The plans should cover the following key points, these are included on the worksheet:
 - Want we plan to do over the summer
 - Who we are going to do it with
 - How we can stay safe
 - Who can help me if I need support
- Ensure pupils recognise the importance of their Early Warning Signs and who can help them when thinking about how they can stay safe.
- Revisit the skills and information provided in the sessions to help pupils develop their plans.
- Ensure pupils identify adults who can provide support to them.

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End of Video

The video ends by saying your teacher will now finish the session with you.

- You should encourage students to talk about the information presented in the video.
- Ask for any final clarifications or questions.

WORKSHEET – Summer Safety Plan

**What we plan to do
over the summer**

What do we plan to do....

**Who we are going to
do it with**

Which friends will we be with...
Who else may be there....

How we can stay safe

What can I do to stay safe....
What have I learnt in these sessions which can help....

**Who can help me if I
need support**

Who can help me if I'm in an unsafe or risky situation...
Who can I talk to if I need to...